



Home Sleep Testing Options for Referral Sources Effective 10/15

Finding the approved Home Sleep Testing vendors for each insurance company has become a challenging task. This list is an attempt to point referral sources in the right direction for these services. Given the fluid nature of the insurance regulations this list is meant to be a guide and in no way should be considered definitive or absolute. Keep in mind most commercial insurances at this point require prior approval for their services. Many of the commercial insurance have partnered with Managed Care Providers and work through these organizations to facilitate their sleep testing requirements. Many insurances have transitioned to Home Sleep Testing and will only provide a facility or lab based test if certain criteria are met.

Tufts

Tufts works through their managed care provider eviCore healthCare. Providers will need to contact eviCore healthCare via the web at www.carecorenational.com or by phone at 888-511-0401 to obtain a prior authorization for either an attended study or a home sleep study. eviCore healthCare will review all Sleep requests using evidence-based guidelines supported by the American Academy of Sleep Medicine and CMS guidelines.

Below are contracted providers who can perform Home Sleep Tests for Tufts patients as of January 1st, 2014 in Southeastern Massachusetts.

- Hingham - Coastal Sleep Labs
- South Weymouth - Harbor Medical
- Plymouth - Jordan Sleep Lab
- Bourne - South Shore Sleep Diagnostics
- Fall River - St. Anne's Hospital
- Brockton - Neurocare
- Somerset - Prima CARE
- Attleboro - Sturdy Memorial Hospital
- North Dartmouth - Hawthorn Medical Sleep Center & New Bedford Medical Associates Sleep Center

Harvard Pilgrim

Harvard Pilgrim also works with eviCore healthCare. Again, Harvard Pilgrim is more apt to authorize a Home Sleep Test as compared to a facility Test. Prior approval is required. eviCore healthCare for HP can be reached at 1-888-511-0401. Home Sleep test are conducted via "approved" home sleep test providers. In Southeastern Massachusetts these include Coastal Sleep Lab in Hingham and Hyannis and Neurocare with Service centers in Newton and Brockton. Keep in mind that both these vendors require patients to pick up and drop off the recording equipment at their locations. Recording equipment can be shipped to patient under certain circumstances.

Cape Medical Supply delivers sleep therapy, home oxygen, orthopedic bracing and related medical services to patients, healthcare professionals and health insurance organizations across New England.

Medicare, Aetna and United

These three insurances are covered by NovaSom. Medicare and Aetna are covered by Instant Diagnostic Services (IDS). NovaSom and IDS are both providers that ship recording equipment to patient's homes. These vendors do all the insurance authorization and patient coordination. Order forms are included in this pack and can also be obtained via Cape Medical Supply.

Neighborhood Health Plan (NHP)

NHP utilizes SMS as well and prior approval should be obtained by contacting SMS at: (866) 827-5861.

Blue Cross Blue Shield

Blue Cross had begun working with their managed care provider AIM. Sleep test patients that seek approved for home sleep test testing require prior approval from AIM. They can be contacted at 773-864-4600. IDS and NovaSom now cover BCBS PPO's. In addition Neurocare and Coastal Sleep Lab are listed as providers.

Additional Notes

Mass Health used to require patients be tested solely in the lab but now they can have Home sleep Tests performed by SleepMed (Braintree and Hyannis). Sleep Med is in network Mass Health, BMC, Celtic Care, Tufts and NHP. More information can be found by calling them at 781-848-9111.

In addition to the insurance listed above (excluding NHP) Neurocare is in network with Fallon and United Heath Care. More information about their testing areas can be obtained at (800) 432-8808.

Keep in mind that NovaSom and IDS are both providers that ship recording equipment to patient's homes and handle the paperwork. Other local Home Sleep test vendors often require patient to pick up and return equipment at their facilities and require the referral source to provide insurance authorization.

11/11/15

Cape Medical Supply delivers sleep therapy, home oxygen, orthopedic bracing and related medical services to patients, healthcare professionals and health insurance organizations across New England.

**Headquarters 28 Jan Sebastian Drive, Sandwich, MA 02563, (800) 339-3322
Locations Across New England - CapeMedical.com**